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Flowchart of what to do if you are infected

If you are infected:

(FYR: Check Iwate University webpage “Those who are diagnosed with the COVID-19”)

Rest at Home

(Note: Check Iwate University webpage)

Call Health Care Center: 019-621-6550, 019-621-6074

Weekdays (9:00-17:00) : Iwate University Health Care Center

Holidays and outside office hours (9:00-17:00): University’s main guard house (019-621-6110)

For days and time other than above: Ask your close contacts to stay home and call Iwate University Health Care Center in the next day

Students

1. Report to the instructors in charge of your classes (via WebClass) that you have been requested to stay home.
2. Fill out the “Movement history and physical condition report”
*contact and activity history from 1 week prior to onset of illness (Find the form on university website)
3. Notify persons in close contact

Faculty and staff

1. Report to your department that you have been requested to stay at home.
2. Fill out the “Movement history and physical condition report*Behavioral and contact history from 1 week prior to onset of illness (Find the form on university website)
3. Notify persons in close contact

Follow the instructions of the public health center.

Treatment Completed

The treatment ends when 10 days have passed from the date of onset or 7 days from the date of testing if asymptomatic, and 72 hours have passed after the symptoms have diminished.

Allowed to study or work at Iwate University

Students: Should report to their instructors that their medical treatment has ended

Faculty and staff: Should follow the procedures for excusing their absence

For one week after the end of the stay at home, eating and drinking with others, part-time jobs, and club activities will be prohibited.

If symptoms reappear after the end of medical treatment, please stay at home, visit a medical institution, and then contact the Iwate University Health Care Center.