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## Flowchart of what to do if you are infected

## If you are infected:

(FYR: Check Iwate University webpage "Those who are diagnosed with the COVID-19")

## Rest at home

## Students

① Access the following URL and enter your information

<https://forms.office.com/r/6fBUm6Gcr6>

【For Student】



## Faculty and staff

① Access the following URL and enter your information

Faculty members:

<https://forms.office.com/r/bCsxnwqCPI>

Staff:

<https://forms.office.com/r/GuQTF9Npm9>



← 【Faculty members】

【Staff】 →



② Call Health Care Center: 019-621-6550, 019-621-6074

Weekdays (9:00-17:00) : Iwate University Health Care Center

For days and time other than above: Notify your close contacts to stay home and call Iwate University Health Care Center on the next day

③ Report to the instructors in charge of your classes (via WebClass) that you have been requested to stay home.

④ Ask "close contact" to stay at home for 5 days from the date of last contact (day 0).

③ Report to your department that you have tested positive.

④ Ask "close contact" to stay at home for 5 days from the date of last contact (day 0).

## Register at Iwate Infected Persons Registration Center

<https://www.pref.iwate.jp/kurashikankyou/iryuu/seido/1058849.html>

## Treatment Completed

The treatment ends when 7 days have passed from the onset day (day 0), 24 hours after symptoms have abated, or in the case of asymptomatic patients, 7 days from the date of specimen collection (however, if the antigen qualitative test kit is used on day 5 and the test is "negative", the waiting period will be lifted on day 6).

## Allowed to study or work at Iwate University

Continue health observation for 3 days after the end of treatment, and refrain from eating meals, etc.

Students: Should report to their instructors that their medical treatment has ended and confirm assignments

Faculty and staff: Should follow the procedures for excusing their absence