

# 1

## Flowchart of what to do if you have cold symptoms or suspect infection

If you have cold symptoms (such as a cough, fever, loss of smelling, etc. ), Extreme Fatigue, Shortness of Breath

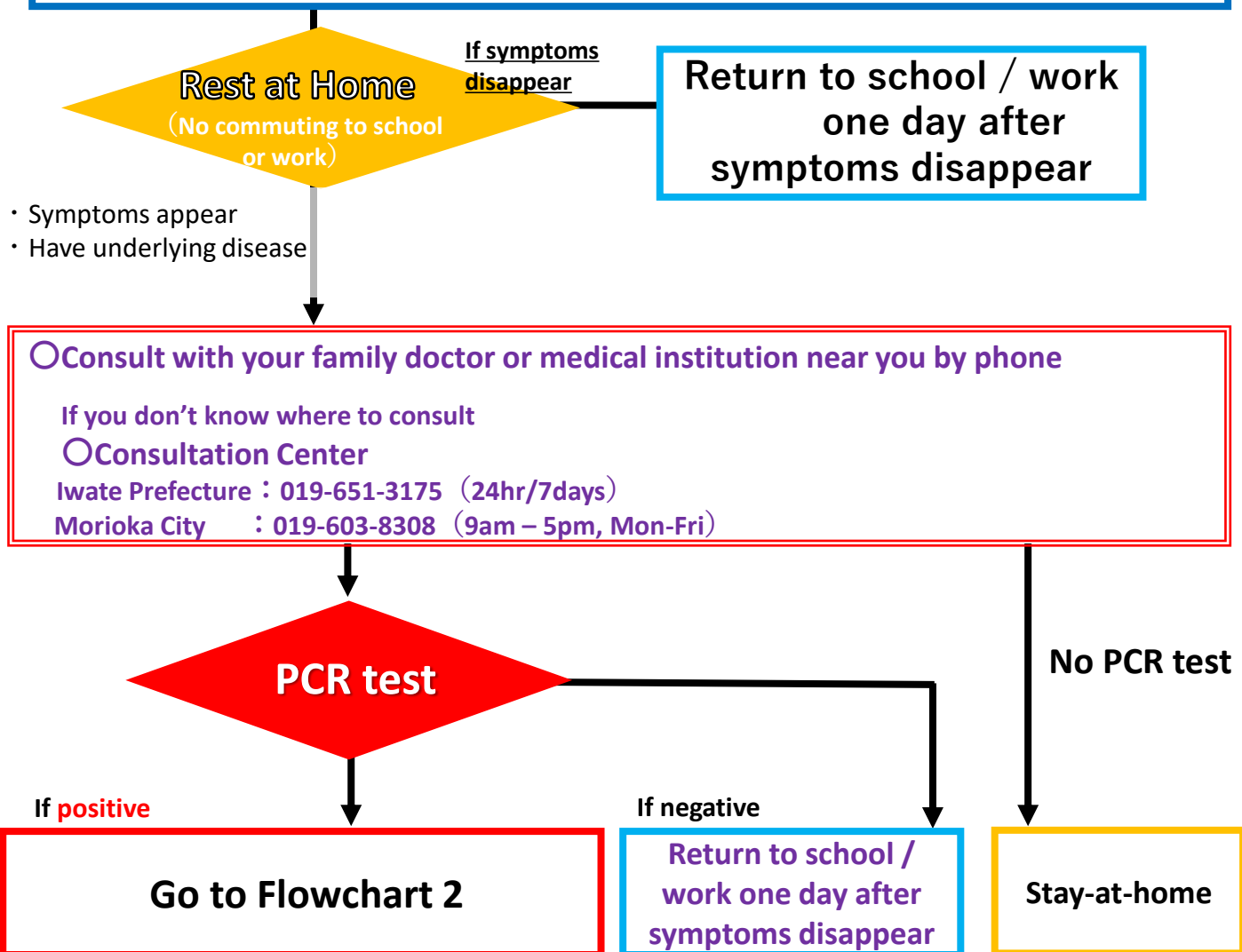
**Students: Do the 3 steps below**

- ① Submit the "Fever Reporting Form" through this web page
- ② Report absence from iAssistant's Web Class to your class instructor(s)
- ③ Report your health conditions by noon everyday using the app, "健康日記 (Kenkou Nikki)" until you are allowed to come to school

If you do these 3 steps, it will not be counted as absent

**Faculty and Staff:**

- ① Report to your department
- ② Report your health conditions by noon everyday using the app, "健康日記 (Kenkou Nikki)" until you are allowed to come to work



### Contact

Iwate University Health Care Center  
(No Direct Visits)

019-621-6550, 6074 (Weekdays 8:30 - 17:15)

※Reporting forms are available on the Iwate University website



Reporting Forms