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**Flowchart of what to do if your family, roommate, or friend\* had close contact with an infected people or suspected infected people**

\* Someone you are with often.

**If your family, roommate(s), or friend(s)\* had close contact with infected person or suspected infected person**

**When your roommate or friend has symptoms**

**Rest at home**

(Check the Iwate University website “Those who are subject to stay home”)

**Call Iwate University Health Care Center 019-621-6550 019-621-6074**

(Weekdays 9:00 - 17:00, For nights and holidays, contact the next weekday.)

**Students**

1. Report to the instructors in charge of your classes (via WebClass) that you have been requested to stay at home.
2. Fill out the “Movement history and physical condition report” (Find the form on university website) \*Behavioral and contact history from 1 week prior to onset of illness
3. Report health conditions using the app, “健康日記 (Kenkou Nikki)”

**Faculty and staff**

1. Report to your department that you have been requested to stay at home.
2. Fill out the “Movement history and physical condition report” (Find the form on university website) \*Behavioral and contact history from 1 week prior to onset of illness
3. Report health conditions using the app, “健康日記 (Kenkou Nikki)”

**When your roommate or friend has no symptoms**

**Your symptoms and health condition**

**Symptoms (even mild ones)**



**Flowchart 1**

**Do not go to school/work and call Consultation Center**

**No Symptoms ↓**

**Allowed to go to school/work**

1. No eating with others, no club activities, no part-time jobs, etc. until the results of PCR tests for close contacts are available.
2. Report health conditions using the app, “健康日記 (Kenkou Nikki)”
3. Keep a simple record of your activities.

**Result of roommate/friend’s PCR test**

**If negative ( - ) ⇒ End of Flowchart**

**If negative ( + ) ⇒ Go to Flowchart 3**